



Jenifer Slider

Clinical Mental Health Counselor

My name is Jenifer Slider, I have been a resident of Dubois for almost 30 years. I am proud to have raised two young men here. Our family has also run a business in Dubois for over 15 years. My first priority was raising my boys, but sometime in the middle of it all, I began a journey of achieving my bachelor's in Psychology. Once I received my degree I worked as a caseworker in child protection and juvenile probation for the state of Wyoming. That line of work, although very respectable, just didn't fit me. I realized that I enjoyed and excelled at working with youth and family's one-on-one. I was awarded a wonderful local scholarship for women who wanted to pursue higher education. This opportunity allowed me to achieve my Masters in Mental Health counseling. My life experience and my education combined have complemented each other, making this line of work a great fit for me. I currently hold a provisional professional license for the state of Wyoming. I will continue working on my professional license through Path Behavioral Health out of Lander, Wy. During my time practicing mental health counseling, I have worked with adults, youth, teens and families. I have experience diagnosing and treating a wide range of mental health issues. My passion is to create a safe, therapeutic environment based on trust, creating a strong therapeutic alliance. My belief is that people are the experts in



Dubois, Wyoming



307 699-3320



Jslider78@outlook.com



Pathihc.com
fremont2.org





their own lives and I am but a guide towards a path of self-discovery, healing, and new perspectives. I believe these goals can be achieved through a nonjudgmental, confidential, empathic, compassionate, and honest alliance. I track progress, customize treatment plans, and empower the client to enhance their own skills and improve their quality of life. I have experience in working with trauma, depression, anxiety, addictions, suicide, self-harming behaviors, identity struggles, grief, intense emotions, confusion, loneliness, shame, guilt, worry, self-doubt, bullying, abuse, and neglect. Although, I work with many diagnosable disorders, sometimes we are just human and need an outlet. Counseling is for everyone. I am an active member of the American Counseling Association. I will be constantly continuing my education. Mental health counseling is an always changing field and I am motivated to stay up to date to give my clients the best care possible. I am a strength-based, person-centered counselor. I like to process the problem but focus on solutions. My motivation for this career choice has been reinforced by the successes I have had guided clients to realize their own potential. I have enjoyed working with youth. I enjoy jumping into their world and discovering who they are and what they like. I often do art or anything that sparks their interest. Mental health counseling is tailored to the individual and I help in a creative way to connect with the client, while going on the journey toward their wellbeing. Counseling is be an interactive process, as parents are welcome and encouraged to be a part of your student's journey. When one's Mental health is cared for a nurtured it frees up the mind to go on to fulfil itself with higher order things such as, happiness, success, peace and freedom. Its like going to the doctor only for the mind and soul. I am so excited to get started.

I am happy to announce that I will be providing mental health counseling services to Dubois school district this coming year. I will be available for all students K-12 and their families. I will be in the building starting now until the end of the school year so please feel free to come in and meet me and ask me any questions. E-mail me or call to set up a time to meet. I will be doing small groups and seeing individual students beginning in the fall when school starts. I am looking forward to meeting you!

